



The Wheelbarrow

The Bulletin of the North Stockton Rotary Club

Meeting Tuesday at noon at the Stockton Hilton

2024-2025



Upcoming Speakers

10/08/24	Pat Tirone	From the Delta Sculling Club	Stockton Hilton
10/15/24	Garrett Bridges	UOP Basketball Asst. Coach	Stockton Hilton
10/22/24	Wine tasting at McDonald's	5:30 PM, everyone bring hors 'oeuvres	4212 Tsushima Ct Brookside



Michelle in her neck brace!

Sunshine Bucks:

Michelle Haner hasn't been at a meeting since July, after her three vertebra neck operation. She has 4 weeks to go before the neck brace comes off. Her daughter **Leanne** has done the impossible, she found a job she studied for in College!! She'll be at the Human Assistance Department For Sacramento County, only out of College since May!



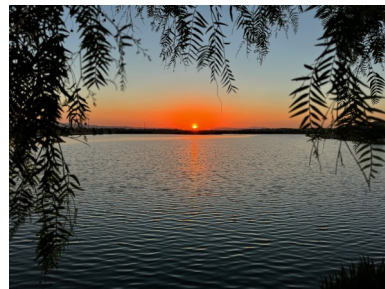
Tamara Fooy at 44 years!

Tamara Fooy: Celebrated her Wedding Anniversary and Birthday. Amazing to be married and be the same age, 44 years!



Ray Call is Ready to Work

Ray Call: Is back to work after his 45th retirement. He's back at Ready To Work! He'll whip it into shape. Whip it good! I've never seen anyone who likes retirement parties as much as **Ray!**



September 24th at the Boathouse

Report on Boathouse offsite meeting: President **Bill** thanked **Diane Correia** and **Kendra Clark** for putting together our Club offsite at the Boathouse at River Islands. **Diane** was sick and couldn't attend, The bocce

tourney was cancelled because of the heat, but it was a gorgeous night of excellent fellowship!

President Bill announced the **JJ Godi** has retired from NSR.

Dictionary Project: Last year we gave out **1330** Dictionaries, this year **1390!** **Jeff Groom** and **Bill McDonald** went to Commodore Skill School and did three classes. 2 of the kids were on **Jeff's** baseball team. **Jim Dugoni** did two classes at El Dorado School. Great work to everyone who delivered and helped. The reward of the children's deep appreciation for the books is priceless!



Make mine a Margarita, on the rocks, no salt!!



They're here! Bill & Andy



Jim at Eldorado School



The longest word in the world!



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North Stockton Rotary Club
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More Today's News: Peace Invitation, see this

Short Term Exchange: This program is a High School Exchange program 15 –18 years old. Rotarian kids, 3 weeks in Germany at host families homes. Then they come here. Cost is \$2,000.00 plus. Check for more accurate details!

Festival of Trees: December 6-7 decorate the tree. Check within.

ROTARY PEACE CONFERENCE

Unite for a Better World

January 24-26, 2025
Sonoma Wine Country - Rohnert Park

Learn more and Register: Peace25.org

Rotary
Districts 5130, 5150, 5160, 5170,
5180, 5190, 5220, 5230



World Peace
Conference
2025



“If not now,
when?”

Andrew Chesley: Our former Multiple time President had to have a tumorous kidney removed. He's home and recuperating.

Please throw a few more prayers Andy's way!



President Bill then showed us a slide show of his trip to Victoria, B.C. But what really struck me was this picture of a Fogbow in the Fjord. It happened in Flaam, Norway. Bill can explain



this if you're wondering what this has to do with the price of tea in China,.

Andy at St Joes. I wonder, how many holes in the acoustical ceiling?

ROTARY DIRECT

Rotary's recurring giving program



ROTARY DIRECT SAVES...

- ✓ **Time** – Sign up once to give continuous support
- ✓ **Money** – Lower administration costs means more money for programs
- ✓ **Lives** – Give to The Rotary Foundation to do good in the world

DOING GOOD JUST GOT EASIER!

Enroll online: www.rotary.org/give

OR Mail: Rotary Direct FD420
Rotary International
One Rotary Center
1560 Sherman Avenue
Evanston, IL 60201-3698 USA

OR Fax: +1-847-328-5260

Please call to modify your existing Rotary Direct contributions
Phone: +1-866-976-8279

YES! I INTEND TO GIVE \$1,000 OR MORE ANNUALLY AND WILL JOIN THE PAUL HARRIS SOCIETY.*

YES! I WILL ENROLL IN ROTARY DIRECT.

Name _____

IF YOU ARE A ROTARIAN, PLEASE COMPLETE.

Rotary membership ID _____

Club name _____

Club number _____

Billing address _____

City _____ State/Province _____

Postal code _____ Country _____

Phone _____

Email _____

Contributions are tax deductible where allowed by law. For security purposes, please do not send credit card contributions via email.

*Note: The Paul Harris Society recognizes those who give \$1,000 or more each year to the Annual Fund, PolioPlus Fund, or an approved Foundation grant. Learn more at www.rotary.org/paulharrisociety.



GIFT DESIGNATION (choose one)

- Annual Fund-SHARE
- PolioPlus Fund
- Providing Clean Water
- Fighting Disease
- Supporting Education
- Saving Mothers and Children
- Promoting Peace
- Growing Local Economies
- Other _____

RECURRING GIFT AMOUNT (minimum US\$10)

- \$25 \$85 \$100 \$250 \$1,000 Other _____

Currency (if not US\$) _____

FREQUENCY

- Monthly Quarterly Annually (specify month) _____

CHECKING ACCOUNT, please attach a voided check

Available for U.S. and Canada bank accounts only – not available online.

CREDIT OR DEBIT CARD

- Visa MasterCard AmEx Discover

Card number _____

Expiration _____ CVN _____

Signature _____

Today in History:

- 1890 Yosemite National Park was established.
- 1903 First Modern World Series Game. Boston Americans against Pittsburgh. Boston won the Series 5-3.
- 1958 American Express launches the first credit card. OMG!

Rotary International Foundation, Ray Call International Service Chairman

In his weekly info tidbits, **Ray** talked about the Every Rotarian, Every Year program, (see the next page), as well as the Rotary Foundation Sustaining Membership Program. He also talked about the new Rotary Direst Program. See Flyer to the left.

To the right Ray Call receives his Multi Paul Harris pin. If not already, Ray is on his way to being a Major Donor!



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WHAT IS "EVERY ROTARIAN, EVERY YEAR" ALL ABOUT?

This initiative by the Board of Trustees of The Rotary Foundation encourages "every Rotarian, every year" to:

1. Participate in a Foundation program that is making a difference in the world
2. Contribute to the Foundation's Annual Fund at a sustainable amount

The Rotary Foundation even has banners for clubs where every member contributes at least US\$25 to the Annual Fund with a US\$100 per capita during the Rotary year.

Today nearly 1/3 of Rotarians participate in this initiative. In 2019/20 The Rotary Foundation was able to award over 1,300 global grants for large scale sustainable projects due to the generosity of these Rotarians. Think about what Rotary could accomplish in the world if all of our 1.2 million worldwide members each gave at least US\$25 to our Foundation's Annual Fund.

If you are a part of the "Every Rotarian, Every Year" initiative – I personally thank you for your support of The Rotary Foundation and its work.

WHAT IS A PAUL HARRIS FELLOW?

Established in 1957, Paul Harris Fellow recognition is given to individuals who contribute, or who have contributions made in their name, of \$1,000 to the Annual Fund, PolioPlus, or an approved Foundation grant. Recognition consists of a certificate and pin.

Paul Harris Fellows can also be given on behalf of someone through Foundation Recognition points or through a combination of points and outright donations. Since the creation of the Paul Harris Fellow, over 1.6 million people have become Paul Harris Fellows, including notable figures such as U.S. President Jimmy Carter, Russian President Boris Yeltsin, polio vaccine developer Jonas Salk.

Use the Club Recognition Summary to see your club's Paul Harris Fellows.

Are you ready to become a Paul Harris Fellow and join your fellow Rotarians in financially supporting The Rotary Foundation?

Upcoming Events:

October 8: Sculling Club

October 15: UOP Basketball, Garrett Bridges, Asst. Coach

October 19th: Walk to End Alzheimers, Wendell Phillips Hall UOP

October 22: Wine Tasting, McDonald's House

October 29: David Madura, Gospel Rescue Mission

November 2: Foundation Dinner, Double Tree Hotel, Modesto



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EVERY 69 SECONDS,
SOMEONE IN THE
U.S. DEVELOPS
ALZHEIMER'S.



Walk to End Alzheimer's

with Teresa Mandella and
Suzette Martin



The Walk to End Alzheimer's was our topic today. Teresa Mandella and Suzette Martin were our speakers.

October 19th will be this year's Walk for ALZ, starting at Wendell Phillip Hall at Pacific. Sign up to be on Frosty's team to walk. Pets are invited, as long as they're on a leash. This is the Alzheimer Association's largest fund raiser. Frosty's goal is \$13,000.00 this year. Please sign up.

Early diagnosis can change the course of the disease. They have patches and oral meds for early detection and hopefully give you more time. There is a shortage of neurologists and it makes it hard to get appointments. You'll go on a waiting list.

The ALZ association can help with financial planning and family support. Methods for caregivers to handle situations can really help. Correcting white lies to help with the repetitive questions can make things easier. Cognitive screening and Medicare questions can be answered. They've found that Ozempic can help symptoms. Eating processed red meat can cause ALZ. Breathing wildfire smoke can cause brain damage.

Teresa told us her story of her husband Frank who has this. They worked together in Finance/mortgage lending. She noticed he wasn't completing files, not like him at all. Turns out he had to retire. That was 14 years ago. After seeing neurologists and finding no results. One day he disappeared in the car. They suggested he go back to his birthplace of Fresno. The Chief of Mendota called to say they found Frank. Out of gas in his car. They took him to the hospital, dehydrated and disoriented. He surrendered his license. Frank stayed home for 7 years, Teresa caring for him and managing his meds. Then it was time for him to go to assisted living. Frank is 75 years old and still living at a French Camp Care Facility.

Frosty got up and told us that his wife of 52 years, **Julie**, who suffers from this, has told him she doesn't want to live any more.

The ALZ Association has a hotline you can use with any questions, please call: 800-272-3900.

Bill thanked them for their presentation and rang the bell at 1:18pm.



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